

Participants' Handbook **July 15 - 22, 2017**



Beacons of Hope: **Growing Unitarian Universalists in a Changing World**

Welcome One and All!!

This handbook is chock full of essential, important, and just plain handy information for newcomers to Star and old timers alike (by the way, guests on Star Island are called Shoalers). Please read it carefully right away, share it with your children and youth, and let one of us know if you have questions or concerns.

We are delighted you are joining us for our intentionally multigenerational professional development conference!

We are an intentional community whose make up changes from year to year, but who is always learning from our shared experiences and collective knowledge. To help us live our faith, we ask all conferees to commit to the following covenant while at the conference. This covenant has been with our conference for several years now, changing slightly each year as we learn from our mistakes and continue to lean into an assumption of best intentions.

In recognition that we are an intentional religious community, we, the participants and staff of the Star Island Lifespan Religious Education Week Conference covenant to:

welcome one another,

*respect all people and places through our words
and actions,
treat all people fairly and with kindness,
learn together,
encourage each person's search for what is right
and true in life,
listen to people of all ages and follow the
directions of the island staff.*

*As a community living together
we will reflect individually each day on our
covenant,
we will support one another in living this covenant
gently forgiving ourselves and each other
and returning to right relationships.*

There will be a poster-sized version of the *Lifespan Religious Education Week Covenant* displayed on the porch of the Oceanic Hotel that we request you sign when you arrive on-island. We look forward to seeing you and enjoying our common island retreat – see you on the dock!

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Your Executive Planning Committee,
Lily, Jane, Bob, Meagan, George, Christana, Eric, and Lynne

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Life on Star Island

Many who come to Star Island enjoy the throw back in time to the 19th century, with the white clapboard and stone buildings scattered over the rocky shoal, lack of motor traffic, and simplified lifestyle. Enter the Oceanic Hotel and step back in time to a simpler, less hectic era. This historic building provides a glimpse into the life of the Grand Hotel Era of the late 1800s when Star Island attracted such notable artists and writers as Childe Hassam and Nathaniel Hawthorne. Rooms are simply furnished. Meals are hearty and served family-style in the hotel's dining room, which has changed very little since the hotel was built.

Comfortable, but not modern.

The Star lifestyle is based in part on our commitment to conservation of resources.

Bathing Facilities

- Living quarters in the main hotel and cottages have shared bathroom facilities on each floor.
- The double rooms of the “motel” units have private toilets and sinks, but no hot water.
- Water for bathing is provided by the rainwater cistern.
- Showers are available Monday, Wednesday and Friday in the shower rooms of the main hotel.

Bedrooms

- Although some bedrooms are accessible by ramp, most are located up at least one flight of stairs, or over a rocky path.
- Most rooms do not lock, and keys are not available.
- Bedrooms are furnished with platform beds made on the island, a dresser that you will need to share with your roommate(s), a wash stand, a small

mirror, and a row of hooks for hanging anything that needs to be hung (some hangers are included).

- There are no closets in the rooms, except in the motel units.
- Rooms have either shutters or curtains.
- Bed linens, towels and washcloths, a pitcher of drinking water and a glass for each family member, a wash basin for sponge bathing, and a small bar of soap are all provided.
- Towel sets are changed mid-week, and extra towels are available outside the shower rooms on shower days

Relax and enjoy the week! As you will learn from the daily schedule, there is much to do on Star - so much that newcomers (and old timers, too) can feel overwhelmed by all the possibility. Please don't try to do it all! We try to offer an array of activities that interest many different types of guests. It is not the intent of the planners for anyone to do everything listed (nor is it even possible!).

A word about electronic devices: Wi-Fi is now available throughout the island. In keeping with the spirit of Star and being mindful of other conferees, please use electronics silently except in your room and on the back side of the Oceanic Hotel's porch. There is a small business office in Cottage D where computer services are available for hourly rental.

The First Day - Saturday, July 15th

Where ya headed? 315 Market Street, Portsmouth, NH

Driving to Portsmouth

From the south: From I-95 North, take NH exit 7; turn right at the lights at the end of the ramp.

From the north: From I-95 South, take NH exit 7; turn left at the lights at the end of the ramp.

From the west: (Routes 4 and 16) pick up I-95 North at the Portsmouth Traffic circle to NH Exit 7. From Route 33 (old 101) take I-95 North to Exit 7.

From Exit 7, turn towards downtown Portsmouth (east). The entrance to the pier and the Isles of Shoals Steamship Company is approximately 3/4 mile on the left, across from the Portsmouth Sheraton and next to “the salt piles.”

Alternative Travel to Portsmouth

Bus: C&J Bus Services (800) 258-7111; or: www.ridecj.com

Greyhound: (800) 231-2222; or: www.greyhound.com

Shuttle: Flight Line Airport Express: (800) 245-2525; or: www.flightlineinc.com

Seacoast Airport Service (866) 431-1580; or: www.transportnh.com

Taxi: Blue Star Taxi: (603) 436-2774

Arriving in Portsmouth

Saturday, July 15, is our first day together. Please follow the directions listed on page 7 for travel to Portsmouth.

You **MUST** arrive at the dock (315 Market St., Portsmouth, NH) at least 1½ hours before the ferry boards. The ferry is called the Thomas Lighton. Once at the dock, unload your

car, park, then check-in. If you are mentoring a new Shoaler, find that individual! And if you are that new Shoaler, don't be shy - look for your mentor! Be sure to check-in at the conference table, get your name tag (and put it on), check your luggage, tag your bags, and move them to the loading area.

Be sure to pack your carry-on bag with sunscreen, money for the snack bar on board the boat, a light jacket or sweatshirt, and a brimmed hat for the boat ride out to Star. Even the hottest days can be cool once under sail. There is a snack bar, restrooms, and indoor seating for those seeking shelter on board the boat. Relax and enjoy the ride! Here is the departure schedule:

11:00 - 12:30 pm: Arrive at the dock to park, unload, and check-in. Conferees arriving after 12:30 pm run the risk of not having their luggage delivered to the island until Monday afternoon!!

2:00 pm: Board the Thomas Lughton

2:25 pm: Depart Portsmouth for Star Island

3:30 pm: Arrive on Star Island

Parking

Weekly parking at the dock in Portsmouth is \$98, or \$14 per day or any part of a day. This will be included in your hotel bill at the end of the week. If you are being dropped off, you can drive into the departure area to unload, then move your vehicle to metered street parking, or the public parking garage a few blocks away.

Boat Fare

The 2017 boat fare is included in your conference registration fee.

Luggage

Weight limits are strictly enforced, as luggage is moved entirely by hand, and the boat also has restrictions. Please limit checked luggage to 1 suitcase or medium sized duffel bag (**not to exceed 40 lbs. per bag**), or 2 smaller bags (**not to exceed 25 lbs. per bag**) per person. Each person may also carry with them 1 small carry-on bag and one specialty/activity item such as a musical instrument or tennis racket. These carry-on items must fit under your seat on the boat. The island asks that bags not have wheels and be of rugged construction (like a duffel).

Luggage will be weighed at the dock. Any luggage exceeding the above weight restrictions will be left at the dock, so play it safe and pack light!!

Carry-on baggage should contain personal items and **any medications**, and should be zipped shut, with items securely packed inside (not hanging out of pockets, etc.). Musical instruments should also be hand carried.

No alcohol may be transported on the Thomas Lighton. Alcohol must be transported on the island's work boat that will carry all the checked luggage.

Arrival on Star

As the boat approaches the Star Island dock, there is a much-loved campy cheer that is initiated by the greeters on the dock. It goes like this:

S-T-A-R, S-T-A-R!

Oceanic, Oceanic, Rah, rah, rah!

You DID come back, You DID come back, You DID come back!

And everyone on the boat cheers back:

S-T-A-R, S-T-A-R!

Oceanic, Oceanic, Rah, rah, rah!

We DID come back, We DID come back, We DID come back!

It's fun, you'll get the hang of it, even if you are a newcomer. Once you have disembarked the boat, head up the road and up the steps of the Oceanic Hotel (main building, follow the crowd).

Next, head into the hotel where you will receive your room assignment at the lobby desk. Your luggage will be delivered to your room by island staff.

After the meeting at 4:30 pm (see below), you will have time to figure out where your room is and settle in before dinner. There will be light snacks available on the porch during this time.

Late Afternoon

At 4:30 pm there is a *mandatory* island orientation for everyone (yes, even your recalcitrant teenager!) in Elliott Hall, which is adjacent to the dining room in the Oceanic building. It doesn't matter how many thousands of years you have been coming to Star - **you MUST attend this very important meeting! Island staff conduct this meeting. You'll learn about island safety policies and recent changes in any policies. For 15 minutes following this orientation, the LRE executive staff will be available to answer any questions you may have.**

Evening

5:45 pm Social Hours: with alcohol and non-alcoholic beverages and snacks on the Lindquist Deck
Generic 12-step meeting in the Art Barn

6:30 pm	Dinner (Dining Room)
7:30 pm	Mandatory orientation for parents of Jr. and Sr. youth with their youth in Elliott Hall
7:30 pm	Relax, snack bar open, optional activities in Oceanic Hotel Lobby (card games, puzzles, etc.)
8:00 pm	Childcare begins on 2 nd floor of Oceanic Hotel
8:30 pm	Bedtime for children through 2nd grade
9:00 pm	Chapel service - assemble at east end of Oceanic porch for silent walk to Chapel
9:00 pm	Bedtime for children in 3-6 th grades
11:00 pm	Snack bar closes Junior Youth (7-9 th grades) in their own rooms
12:00 am	Island Quiet time for all Senior Youth (10-12 th grades) in their own rooms

Daily Details

So what on earth happens the rest of this week on Star? Well! The day begins at 7:00 am when the “Wake Up Singers” traverse the island, waking everyone still asleep with gentle singing (or raucous pot banging, depending on their whim!).

Some folks, including many children, like to go for an early morning dip at 7:00 am in Gosport Harbor. These bravest of the brave are called “Polar Bears,” and are a sight to behold – synchronized polar bearing? You bet!

Some adults and older youth enjoy worship in the chapel at 7:30 am. Coffee, tea and cocoa are available on the porch until breakfast is served, buffet style, at 8:00 am.

At 9:00 am each morning, the young people's program begins in their various classrooms. At 9:10, the theme talk hosted by Renee Ruchotzke begins in Elliott followed by a quick break with coffee/tea served on the porch. A rich choice of workshops is offered from 10:10 - noon. Lunch is served at 12:30 pm.

This year, we are offering an **ALL AGES SUSTAINABILITY PROGRAM** from 1:45 to 2:30 Sunday - Tuesday. Check the chalkboard for daily offerings. **All are welcome to join these programs, but children need an adult companion.**

Aside from the scheduled activities in the afternoon, there are many, many interesting and fun things to do. Try exploring the island, swimming or wading (note to self: the water is really, really c-o-l-d!), flying a kite, rowing a rowboat or kayaking over to Smuttynose (neighboring shoal with a fascinating history), visiting the Rutledge Marine Lab, Art Barn, or the Vaughn Cottage, check out what's accumulating at the auction (and make a bid), play tennis or volleyball or Frisbee or wiffle-ball, play music with others, read on the porch, wander the labyrinth, take pictures, paint or draw, play a board game or help put together a jigsaw puzzle in the lobby, and last but not least, chill on the porch, sipping an ice cold Lime Rickey with new friends.

Each early evening brings a scheduled event including a Talent Show, Bingo, a bonfire on the rocks (with s'mores and singing), and the popular "Pel Show" where the island staff performs for us (always a huge hit!). Evening chapel is held in the Chapel at 9:00 pm. You're invited to participate in any and all activities. Sign-ups for the Talent Show happen on-island (look for a poster on the porch).

Daily Schedule (Sunday through Friday):

Important!! Please check the chalkboard in the lobby after meals each day for any updates and additions to the daily schedule. Sometimes things happen quickly, so it is important to check the chalkboard(s) frequently.

6:30 am	Yoga in Brookfield with Cynthia Roberts
7:00 am	Polar Bear swim and Wake Up Singers
7:30 am	Morning chapel for adults and older youth
8:00 am	Breakfast
9:00 am	Young People's Program begins
9:10 am	Theme Talk
10:00 am	Break (coffee/tea on porch)
10:10 am	Morning workshops begin
Noon	Morning programs end— parents/caregivers pick up children at their classes
12:30 pm	Lunch
1:00 pm	Island quiet time for one hour (in your room, or quiet group activities)
2:00 pm	Porch Chats, and other activities—see chalkboard for daily listings
5:30 pm	Social Hour (wine and beer for sale, non-alcoholic beverages, and snacks on the Lindquist Deck) 12-Step meeting in the Art Barn
6:30 pm	Dinner
7:30 pm	Evening activities such as the bonfire, etc.
8:00 pm	Island staff on duty for childcare - 2 nd floor of Oceanic hallway
8:30 pm	Bedtime for K-2 nd graders
9:00 pm	Chapel - line up on porch for silent walk to Chapel Grades 3-6 in their own rooms
10:00 pm	No rocks policy begins
11:00 pm	Grades 7-9 in their own rooms

Snack bar closes

12:00 am Grades 10-12 in their own rooms
Island quiet time for all

Other Scheduled Activities:

In addition to the evening events listed above, there is also a Silent Auction that benefits the LRE Week Scholarship Fund. Goods are brought to the Pink Parlor (in the Oceanic) over the course of the week, and the auction closes during Social Hour on Thursday afternoon. The success of the auction is directly related to the quality of donations! Please bring from home (or create while on island) things of great beauty for the auction. Popular items are those with a star theme, UU items, jewelry, crafts, and so on. Each year the auction needs some big-ticket items like handmade quilts, sweaters, etc., so please think creatively about what you can provide that will bring in the BIG money! The more money in the fund, the more families we can help attend LRE Week.

On Sunday and Monday afternoons (late) there will be a tie-dyeing adventure for all - very popular! While you are welcome to buy white cotton clothing on island, you can also bring things from home. Consider bringing t-shirts, dresses, skirts, boxers, even sheets if you can fit them in your bag!

Other Noteworthy Details

Telephones: The primary island phone line is 603-601-0832. If this line is in use, urgent messages can be directed to 603-964-7252.

There is one telephone on the island for general use. It is restricted to essential business use. Ask at the front desk if you need to use it, and they will direct you. Cell phone use

is discouraged, and we ask that you use a cell phone only in your room or in a remote, private location, well away from others trying to maintain that 19th century ambiance - ***not in the lobby or on the front of the porch!***

Meals: Conferees must adhere to the food choices made at the time of registration. All meals are served in the dining room, with breakfast and lunch buffets and dinner served family-style. Peanut butter and jelly is available at every meal. Specialty food items such as herbal teas are not available, but you can bring your own. All meals are low-salt, but the kitchen staff is unable to honor individual needs such as salt-free, dairy-free, or wheat-free meals. There will be a lobster dinner on Wednesday evening for an extra charge for those who want lobster. The snack bar is closed during meals.

Sleeping Quarters: The conference registrar works hard to accommodate room requests but cannot guarantee a particular room assignment. All children and youth room with their parents. Everyone is required to sleep in their own room, and no furniture may be moved from a room. Room changes (which incur an extra charge) may only be made after the first night and must be made through the conference registrars.

Day Trips, Visitors, and Leaving Mid-Week: Please contact conference registrar, Jane Clay, for details about daily boat service from Portsmouth and Rye, NH. Requests for friends or relatives to visit the island during the day or overnight must be made through the registrar who needs 24-hour notice. Arrangements are made according to space availability. **To make arrangements to arrive or leave the island mid-week, contact Jane ASAP.**

Planning and Packing for the Week

What to Bring

Clothing:

Dress is casual except on Friday evening when some like to dress up for the banquet dinner.

Suggested packing list:

1-2 Pair long pants/jeans

2-3 Pair shorts/skirts

4-5 Short sleeved shirts

1-2 Long sleeved shirts

1-2 Sweatshirt or lightweight fleece

1 Pair sweatpants/fleece pants

Rain gear (water repellent/proof – including pants if possible)

1 Pair pajamas

1 Lightweight bathrobe or beach cover-up

1-2 Bathing suits (especially for children)

Sun hat

Underwear

Socks (including one warm pair)

1 pair sturdy shoes (hiking shoes or sneakers with laces)

1 pair sturdy sandals (with straps – like Tevas)

1 pair water type shoes/sandals (beach is rocky) especially for kids

1 pair flip-flops (for shower or indoor halls only – not sturdy enough for beach or rocks!)

Toiletries:

Please try to pack environmentally sensitive products, and leave excess packaging at home. Though there is a Lobby Store (but NO pharmacy) that sells many personal care products, you should plan to bring a full array of toiletries for each family member including:

1 week supply (plus 4 days) of any medications

Toothbrush, toothpaste, dental floss, mouthwash

Shampoo/conditioner

Deodorant

Feminine hygiene products

Tissues

Moisturizer

Sunscreen

Insect repellent

Hand sanitizer

Shaving supplies

Nail care supplies

Eyeglass or contact lens cleaner

Small first aid kit/Band-Aids

Hair dryers can only be used outside the shower room in the basement of the Oceanic!!

Other necessities:

Small flashlight (1 for each family member)

Extra batteries for flashlights

Umbrella(s)

Zip-lock plastic bags for wet stuff or art projects

Beach towel (1 for each family member)

Nice to haves:

Journal/sketch pad

Cards

Needle work projects

White cotton clothing/sheets for tie dying

Reading material (good bookstore in the lobby, too)

Small games or puzzles

Word game books (such as Mad-libs)

Sudoku/crossword puzzle books

Pens/paints/markers

Camera/film/extra memory card and battery

Recreational supplies: Frisbees, kites, baseball gloves, tennis rackets (and balls), bubble wands, any other small outdoor toys for sharing (though some of these are for sale in the Lobby Stores including kites, gliders, and some Frisbees)

Resources: readings, poems, graces, prayers or your own writing to use for chapel services, Talent Show, etc.

Costumes/Props: simple, easily carried in your luggage for the Talent Show

Instrument(s) in carrying case: easily carried in your luggage - don't forget music for the Talent Shows! (there is a piano available to all)

Baby wipes for quick clean-up (must NOT flush, however!!)
Items for the auction

Safeguarding the Community

The Star Island Lifespan Religious Education Conference is a community that values, and strives to maintain, a safe and caring community for everyone. Each member of the community has a responsibility to uphold the safety policies of both the island and the conference, which may be different than other conferences. **Please read the following very carefully, and talk to your children and youth *before* coming to the island.** Also, because the following policies are so essential to the safety of the community, consequences for any violation of these policies will most likely result in you and your family being asked to leave the island without a refund of fees.

Fire and Open Flames

Most of the buildings on Star were built in the 19th century and are built of wood. While this is a huge part of the

island's allure, it is also the biggest safety concern. A fire on Star Island would be devastating, if not catastrophic. Fire safety is of the utmost importance, and must be realized by everyone on the island. There will be a fire drill at some point during our week.

Smoking is only allowed in designated areas. No smoking, lighting of matches, candles, incense or any related material is allowed in any of the buildings, ever.

Cigarettes and cigars must be extinguished completely in sand filled cans in the smoking areas. **New Hampshire state law prohibits anyone under the age of 18 buying, possessing or using any tobacco products.**

Fireworks and Firearms

These items are prohibited on Star Island.

The Rocks

As you will immediately notice, Star Island is really a big pile of rocks sticking up out of the ocean - shoals, in other words! And these rocks can be extremely slippery and dangerous, even in good weather. With that in mind, there are strict rules about the rocks.

The breakwater between Star Island and Cedar Island to the north is *always off-limits to everyone.*

Because tides, currents, surf and slippery footing make walking on the rocks treacherous all around the island, all conferees are asked to use caution when on the shoreline. In order to further protect children and youth, the following **Rocks Policy** has been established:

From 7:00 pm - 10:00 pm, all children and youth (including those in senior high) must be accompanied by

an adult conferee, and must have their caregiver's permission to go out on the rocks.

From 10:00 pm - 5:00 am, NO children or youth (including those in the senior high youth group) are allowed on the rocks at all.

Boundaries for Children and Youth

Children under the age of 12 (or going into the 6th grade) must remain within the **Children's Boundary** unless accompanied by an adult caregiver age 18 or older. Please note that the Art Barn, the Summer House, the pier, and the swimming area are **all outside the Boundary!** See the map on the back cover for an outline of the location of the Children's Boundary, then, once on island, walk it with your children.

During inclement weather, the island staff will post a high surf warning and all conferees will be restricted to the Children's Boundary for their safety. Rogue waves and high seas are not predictable and are common on the island.

Alcoholic Beverages

Late in the afternoons, just before dinner is served, there is the opportunity to gather for Social Hour, either on the Lindquist Deck, or at a 12-Step meeting in the Art Barn. Snacks and alcohol-free drinks are served at each location.

New Hampshire state law prohibits anyone younger than 21 years of age to buy or consume alcohol. Outside of Social Hour, alcoholic beverages may NOT be consumed in public spaces on the island.

Bare Feet

Shoes must be worn in the Dining Room, and all parts of the first floor of the Oceanic and Gosport, including the porches and lobby. Because of the many hazards on the island, including sharp rocks, broken glass, and poison ivy, island staff recommend that footwear be worn at all times.

Supervision of Children and Youth

During scheduled programming, the conference's Young People's Program staff will take responsibility for their groups.

At all other times, parents and caregivers have complete responsibility for their children and youth, and must know their whereabouts. Many parents offer to spell another parent so that they may attend an afternoon program, or have some time alone. Older youth are also often willing to babysit younger children for a fee. These negotiations need to be worked out between parents and babysitters.

Pelicans, or island staffers, provide a "hall watch" service each evening from 8:00 to 11:00 pm on the second floor of the Oceanic where families with young children will be housed. After you have put your children to bed, the staff will be available if children need them, so caregivers can attend evening chapel(s) and/or socialize with other adults.

"In Room" times for children and youth are as follows:

8:30 pm K-2nd graders must be in their own rooms

9:00 pm 3rd-6th graders must be in their own rooms

11:00 pm 7th-9th graders must be in their own rooms

12:00 am 10th-12th graders must be in their own rooms

If your child/youth is not in their room at the above noted times, it is YOUR responsibility to find them

immediately!

Security

While Star Island is a remarkably safe place in terms of theft and personal safety, remember that it is still a part of this universe, and problems are not unheard of.

Try not to bring valuables to the island, but if you must for some reason, there is limited space in a safe at the front desk for small valuables. **The Star Island Corporation is not responsible for lost or stolen items.**

Please wear your name tag at all times, and insist that your children/youth do likewise. There are visitors to the island several times each day (day-trippers) who are not a part of our community, and will not be wearing name tags.

Other Safety Issues

Swimming: Swimming is allowed in the swimming area at the end of the pier from 7:00am - 8:00am and again from 9:00am - 6:00pm, unless otherwise posted. Swimming is allowed only when a lifeguard is on duty. Scuba diving is prohibited on Star Island.

Wild Flowers: The island ecology is delicate, and some of the flowers are endangered species. Please do not pick flowers.

Sea Gulls: Please do not feed the sea gulls. During nesting season, the adults are protective of their young (even when the young are quite large!), and will “buzz” intruders in their “territory.” Stay on the paths, wear a hat, and carry a stick to wave at them if necessary.

Sales of Goods and Services: The Star Island Corporation

(SIC) is a non-profit, tax-exempt organization with a carefully defined financial structure. Accordingly, no person on Star Island may sell or solicit any item for personal profit.

Medical Needs/First Aid Station (FAS)

For emergencies, please contact the front desk. For routine medical needs, please observe hours posted on the white board in the Hotel Lobby and at the FAS.

Pregnant women (especially in the last trimester) and those with existing medical conditions should consult their physician about spending a week on a remote island. Under the best weather conditions, it can take 2 hours to transport someone from Star to the nearest hospital.

A nurse and possibly a doctor will be available at the FAS, which is equipped for basic first aid treatment only. There is a small usage fee for FAS visits. Any medications or supplies provided will be at the conferee's own cost. Neither the Star Island Corporation nor the LRE conference assumes any liability for accidents, illnesses, or their treatment.

Sprains, splinters, turned ankles, bug bites and so on are common. We can't stress enough the importance of wearing sturdy footwear, walking carefully, and using insect repellent when outside in the evening. Bring a small first aid kit with plenty of antiseptic ointment and Band-Aids to

use in your room to treat minor cuts and scrapes.

Conferees taking prescription drugs need to pack enough medicine for the week, plus four extra days.

Medication requiring refrigeration must be stored in the FAS, or in the Increased Access Bathroom (IAB) off the hotel lobby.

Controlled medications that include narcotics for pain control and medications used to treat ADD/ADHD must be kept in a lock-box in the FAS.

Used sharps or syringes must be disposed of at the FAS, or in the IAB.

Conferees must notify the Conference Registrar of any change in medical status after the submission of their registration. Island medical staff must make an evaluation. *Failure to provide this notification may result in your being asked to leave the island.*

Especially for Parents/Guardians

Parents/Guardians are responsible for the whereabouts and supervision of their children and youth at all times.

Parents/Guardians may not leave the island without notifying the executive staff, and making official arrangements for their children/youth.

Younger Children (Babies - 6th grade)

While your children and youth are engaged in morning programming, conference staff will take responsibility for

them, but you must help them transition to their group and meet them at their class by 12:10 pm.

Children under 8 years old will be housed in the Oceanic Hotel. Island staff provides a hall monitor each evening from 8:00 - 11:00 pm so that parents can enjoy the company of other adults and safely leave their sleeping children. Additionally, some of the “Pelicans” (college age island staff) like to babysit for a fee. There is a list at the lobby desk of Pelicans who wish to be hired as babysitters.

If you need childcare at other times, many parents swap childcare with another parent, or hire a teenage conferee to babysit while the parent is engaged in an afternoon activity. Parents/guardians and the babysitter agree upon compensation directly.

All optional family activities offered by the island (such as the evening activities, the low tide walk, and so on) require parental or babysitter supervision. Children playing on either of the two Playscapes must be closely monitored by an adult within 10 yards of the equipment (not from the front porch of the Oceanic).

The hour from 1:00 to 2:00 pm is reserved for island quiet time. Please help your children respect this rest time for all. Quiet games, activity books or reading in their rooms are fine.

Rising 6th graders (and younger) must remain within the children's boundary at all times unless accompanied by an adult.

Copies of the island map are available at the front desk. The Art Barn, pier, and Summer House are all outside the boundary. It's a very small island until you can't find your

child! Walk the boundary with them the first day so they know where it is.

“In Room” times:

- 8:30 pm** 2nd Grade and younger must be in their own rooms
- 9:00 pm** Grades 3-6 in their own rooms

Remember - parents/guardians must find their children if they are not in their rooms by the times noted above.

Youth (Grades 7-12)

As part of their program, the junior and senior high youth will have a late night activity during the week which takes place in their “space.” The senior high youth will also have a sleepover. Responsible adult chaperones will be recruited to help with these events. Written permission from parents/guardians will be required for the youth to participate.

Each event will have three adult chaperones at all times, except if a youth needs to return to their room. In that case, one adult will escort the youth to their room, while the other two chaperones remain with the group.

“In Room” times:

- 11:00 pm** Grades 7-9 in their own rooms
- Midnight** Grades 10-12 in their own rooms

Remember - parents/guardians must find their youth if they are not in their rooms by the times noted above.

Money Matters

The island accepts Visa and MasterCard for hotel invoices (which will include the weekly parking fee, and ferry

tickets) at the end of the week, and at the bookstore, lobby store and gift shop.

Personal checks, credit cards, and cash are accepted for items purchased at the auction. You can also cash a personal check, if needed, at the front desk in the hotel.

The Bookstore

The Bookstore has a wide variety of books on subjects related to conference topics, and the Isles of Shoals, as well as a smattering of novels and children's books. Postcards, note cards, and stamps are also sold in the bookstore.

Lobby Store

The Lobby Store does not have abundant stock, however, for its size, it does have an amazing array of personal care items including toiletries, small stationary, sunscreen, diapers, nail care items, batteries, shaving supplies, shoelaces, feminine hygiene supplies, sunglasses, and more! *No tobacco products are sold on the Island.*

Gift Shop

The Gift Shop, also for its size, has an impressive stock of clothing, jewelry, souvenirs, and toys. Gift shop buyers do a great job of including both high end souvenirs/clothing/jewelry, and affordable, interesting small toys that children can easily buy with their own money.

Snack Bar

Oh, the snack bar! The snack bar, you'll be happy to learn, is not open during meals. But in between meals, many happy Shoalers enjoy everything from the famed Lime Rickey to a cupful of Swedish fish. Beware if you are bringing children to the island - you can drop a lot of cash at the snack bar, even on day one! It is a wonderful place

to park for a while and lick at an ice cream cone. Also on the menu are bagels, hot dogs, fruit, candy, coffee, tea, and many other delights.

Lobster Night

Wednesday evening is Lobster Night for those so inclined. Sign-up for Lobster Night happens on island, and local rates prevail.

Conference Photo

A conference-wide photo is taken on the steps of the Oceanic, this year on Monday morning after breakfast (weather permitting). Photos are available later in the week for \$10 from the front desk.

Row Boats + Kayaks

Row boats and kayaks may be rented at the pier for \$3/ hour. Renters must be 18 years old and all people in the boat must wear a life jacket.

Appledore Island Visit

On Tuesday afternoon we will have the opportunity to boat over to the largest shoal, Appledore Island, for a tour of the Shoals Marine lab and a chance to see Celia Thaxter's splendid garden. We may also have the chance to circle Duck Island to see the seal population (500+ seals!). This trip is suitable for children over the age of 8 with a caregiver (or back-pack babies), and those who are able to walk on rough terrain (rougher than Star). Strollers and wheelchairs will not be able to navigate the rocks. Also, the boat trip is standing room only, and the waves do knock you around a bit!

Social Hour

If you choose to participate in the evening wine and cheese social hour, we ask for a \$10/day donation to cover costs.

Savings coupons will be available for \$50 at the first event. Proceeds benefit the LRE Week scholarship fund.

Hall Monitoring Service

As mentioned previously, families with one or more children under the age of eight are charged \$50 per family for the hall monitoring service offered by the Pels from 8 pm to 11 pm. This charge will be included on your island bill.

Donations

The Star Island Corporation (SIC) and the Lifespan RE Week conference are non-profit entities and both operate on a tight budget. The Annual Fund for the SIC solicits donations for long-range capital improvements and maintenance of the facilities. An envelope for your donation will be in your room when you arrive. We hope for 100% participation in the Annual Fund. If you would like to donate to LRE Week in particular, please see the conference business manager, Bob Clay.

Lifespan Religious Education Conference 2017

Executive Committee

Lily Rappaport	Dean
Rev. Dr. Leon Dunkley	Minister of the Week
Meagan Henry	Young People's Dean
Jane Clay	Registrar
Bob Clay	Business Manager
Lynne Weygint	Special Events Dean
George Collins	Fund Raising & Awareness
Rev. Christana McKnight	Marketing & Communications
Eric McKnight	Webmaster

Workshop Leaders and Theme Speakers

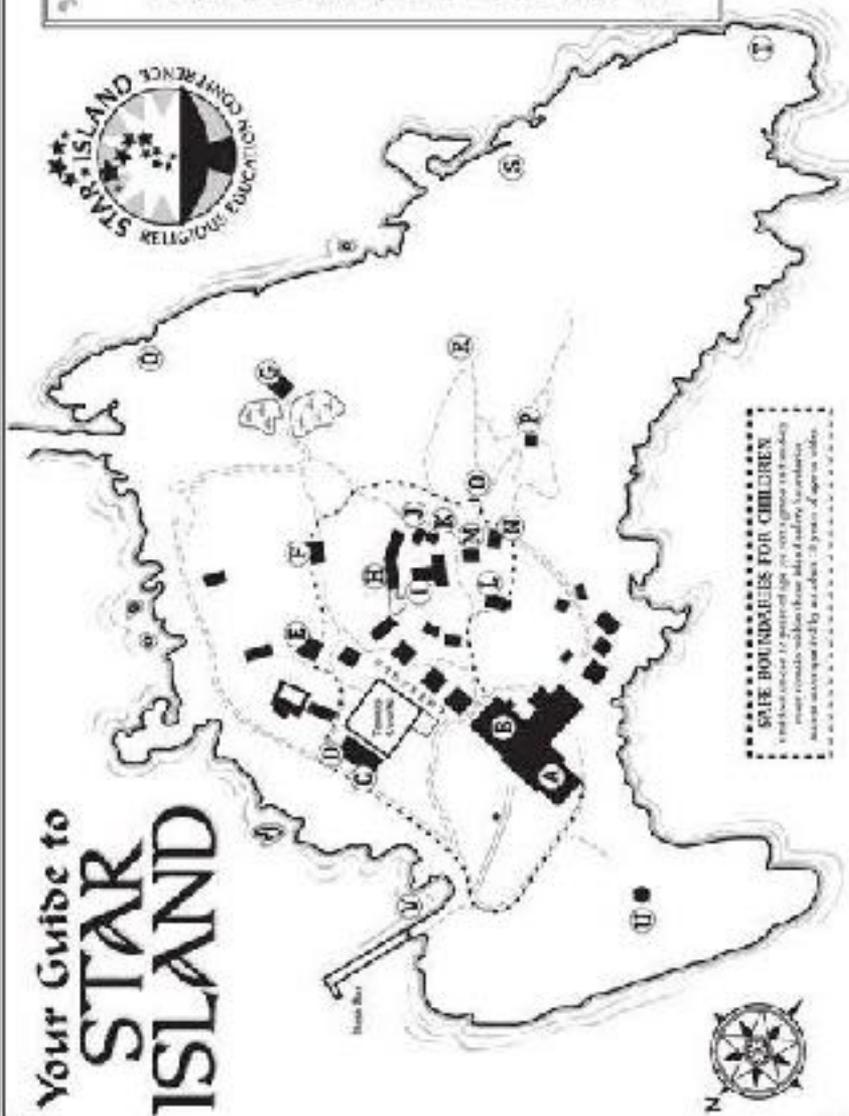
Rev. Renee Ruchotzke	Theme Speaker
Rev. Renee Ruchotzke	A Sandbox for the Self
Michele Grove	The Transitioning Church in a Transforming World
Jessica York and Daniel Gregoire	Worship Renaissance Module
Matt Meyer	Finding Ourselves in the Rhythm: Music, Culture, Race and Power
Laura Beth Brown	Bringing Your Light Into the World

Your Guide to STAR ISLAND



DWELLINGS & CRITICAL POINTS OF INTEREST

- A. Dining Hall
- B. Computer
- C. Bar/Abel's Creaser
- D. Marine Laboratory
- E. Bar: A-B-Cover
- F. Club/Recreation
- G. Art Barn
- H. Landscap Desk
- I. Nursing Center
- J. Passageway
- K. Marchmach
- L. Chapel
- M. Barber
- N. Mough: Cottage
- O. Barmitic
- P. T. Old Museum
- Q. Everybody's Cafe
- R. Cap: John Gifford's Mainentrill
- S. Main Unkilled's Chair
- T. Laver's Cafe
- U. Sachner House
- V. Swimming Area



SAFE BOUNDARIES FOR CHILDREN
 and boundaries of general safety that give you a sense
 of security. These boundaries are not to be crossed
 and are accompanied by a sign: "3 years of age only."

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